



Student Catalog Addendum

This catalog addendum adds the Massage Therapy/Reflexology Program, including the tuition, admissions, academic calendar, faculty, and program information shown below, to ATI’s Programs of Study in the 2024-2026 Student Catalog. Please refer to the 2024-2026 Student Catalog for all other policies and procedures.

Tuition and Fee Schedule

This addendum adds the following tuition information to the 2024-2026 Student Catalog:

Programs	Tuition	Reg. Fee	Books	Uniforms	Total
Massage Therapy/Reflexology	\$14,860.00	\$75	\$590.00	\$50.00	\$15,575.00

Admissions Section

This addendum adds the following admissions information to the 2024-2026 Student Catalog:

Additional Admissions Requirements for Massage Therapy/Reflexology Program

In addition to the general admissions requirements explained by the Admission Procedures list in the Student Catalog, the following additional and expanded admissions requirements apply to all prospective Massage Therapy/Reflexology program students:

- Students must pass a criminal background check and fingerprinting/drug screening.

Academic Calendar

This addendum adds the following information to the Academic Calendar in the 2024-2026 Student Catalog:

Massage Therapy/Reflexology Start Dates 2026

Start Date	Grad Date
6/22/2026	5/7/2027
7/20/2026	6/4/2027
8/17/2026	7/2/2027
9/14/2026	7/30/2027
10/12/2026	8/27/2027
11/9/2026	9/24/2027
12/7/2026	10/22/2027

New Program

Massage Therapy/Reflexology Diploma Program – 880 Clock Hours

ATI's Massage Therapy/Reflexology program prepares students to sit for the Massage & Bodywork Licensing Examination (MBLEX), a nationally recognized exam for massage therapy licensure. Students passing the MBLEX will be eligible to apply as a Licensed Massage Therapist (LMT) in the state of Nevada.

Program Objective:

The Massage Therapy/Reflexology program will prepare students with the knowledge to demonstrate and perform a variety of massage therapy modalities and reflexology (ear, hand, and foot) techniques. Successful graduates will gain a working knowledge of the human body as well as an understanding of the physical, emotional, and physiological benefits of massage therapy/reflexology. Course modules will cover common pathologies of the different anatomical systems and how to appropriately identify the correct massage therapy/reflexology modalities and techniques to address them.

Students will alternate giving and receiving massage/reflexology sessions on each other in order to demonstrate learned modalities and techniques by performing assigned massage therapy/reflexology protocols. Students will learn how to plan routines, and choose different modalities for each client, depending on an individual's needs and limitations and to evaluate individuals' abilities, needs, and physical conditions, and develop suitable session plans to meet any special requirements. In their final module, students will conduct massage/ reflexology sessions on clients with faculty supervision in ATI's on-campus Massage Therapy/Reflexology Clinic.

Students will also be instructed in the ethics, law, and scope of practice of a professional in the Massage Therapy and Reflexology fields, as well as learning the basics of business and sales. Course content reflects, demonstrates, and enforces industry safety rules and regulations.

Vocational Objective:

Upon successfully completing this program, passing the MBLEX, and obtaining state licensure, students will be prepared for entry-level work as a Massage Therapist in various environments, such as massage studios and clinics, mobile massage, corporate environments, medical clinics, and resorts and spas.

This program prepares students to sit for the MBLEX and for eligibility to apply as a Licensed Massage Therapist (LMT) in the state of Nevada. However, a graduate of this program, at their election, may also apply to become a Licensed Reflexologist (LRF) in the state of Nevada if they complete the state's additional requirements for licensure, which include passing the American Reflexology Certification Board (ARCB) exam (additional information available at <https://arcb.net/take-the-arcb-exam/>) and such additional work hour requirements as may be required by the state of Nevada.

Course Requirements

Course Description		Lecture Hours	Laboratory Hours	Clinical Hours	Total Clock Hours
MTR101	Fundamentals of Massage Therapy & Reflexology	40	40	0	80
MTR102	Anatomy, Physiology & Pathology	50	30	0	80
MTR103	Assessment & Documentation	60	20	0	80
MTR104	Medical/Clinical Massage/Kinesiology	30	50	0	80
MTR105	Therapeutic Somatic Techniques & Special Populations	30	50	0	80
MTR106	Traditional Chinese Medicine & Meridian Systems	30	50	0	80
MTR107	Eastern Practices & Complimentary Alternative Medicine	30	50	0	80
MTR108	Reflexology & Zone Therapy	30	50	0	80
MTR109	Health, Wellness & Spa	30	50	0	80
MTR110	Business & Career Planning	50	30	0	80
MTR201	Massage Therapy & Reflexology Clinic	0	0	80	80
Total Clock Hours		380	420	80	880

Normal program length is 44 weeks–Maximum Time Frame is 66 weeks.

Session	Class Time	Hours/Day	Days
AM*	8:00am – 1:00pm	5	Mon-Thurs
EVE*	5:20pm – 10:20pm	5	Mon-Thurs

Note: During their last module, MTR201 Massage Therapy & Reflexology Clinic, students will also be scheduled for participation in onsite clinicals on Fridays and weekends.

Massage Therapy/Reflexology Equipment used in this Program

Massage On-site Chairs (Portable)
 Massage Tables (Portable)
 Massage/Reflexology Chaise Sofa Chairs (Stationary)
 Reflexology Chairs (Portable)
 Foot Soak Tubs - (Reflexology)
 Exam room rolling stools
 Various Sizes Sheets, Blankets, Towels, Pillows/ Bolsters
 Hot Towel Cabinet & Hydrocollator
 Refrigerator – Hydrotherapy & Spa Supplies
 Various Stones & Warmer
 Anatomy & Physiology / Massage Posters
 Various Massage, Spa & Reflexology Tools & Supplies
 Sink w/ Hot and Cold water
 Various Oil, Lotions, Crème, Gels
 Various Aromatherapy (Essential Oils)
 Full Scale Skeleton and other Anatomy parts model
 Networked Computer Lab
 Safety and Sanitation products (Soaps, Bleach, Rubbing Alcohol)

Massage Therapy/ Reflexology Entry-Level Job Descriptions and Career Opportunities

After obtaining licensure, graduates of the Massage Therapist/Reflexology Program are eligible for entry-level positions with the following title:

*Standard Occupational Classification (SOC)	Employment Position
31-9010	Massage Therapist
31-9011	Massage Therapist (e.g., Mobile Massage Therapist; On-site Massage Therapist; Clinical/Medical Massage Therapist; Integrated Massage Therapist)
31-9099	Other Health Care Support Occupations

* All SOC codes are accurate for the 2018 system and are available at: <http://www.bls.gov/soc/#classification>

Such positions can be found in a variety of locations and settings, including massage therapy clinics; spas; salons; health and wellness centers; medical offices/clinics; chiropractic and acupuncture offices; athletic, sport and fitness clubs; and hotels and casinos.

Course Descriptions

MTR101: Fundamentals of Massage Therapy & Reflexology

80 Clock Hours (40 Lecture + 40 Lab) Prerequisite: NONE

Instruction Includes: Overview of Massage Therapy and the industry (Theory, history, principles, ethical behavior, legal issues, and basic professional practices). Introduction to the anatomy, physiology, pathology, and medical terminology of the musculoskeletal system. Proper use of massage equipment, draping, body positioning, and use of oils and lotions. Students will study for and complete HIPAA and OSHA Training as well as CPR and 1st Aid

Training and Certifications. Basic Swedish Table and Chair massage protocol. Introduction of Reflexology, personal hygiene, and safety and sanitation practices.

MTR102: Anatomy, Physiology & Pathology

80 Clock Hours (50 Lecture +30 lab) Prerequisite: NONE

Instruction includes overview about human anatomy, physiology, pathology, and kinesiology, including the nervous, endocrine, reproductive, integumentary, cardiovascular, lymphatic, respiratory, digestive, and urinary systems. In addition, students will learn about the skeletal system, including the bony landmarks and joints, the muscular system (Spine & Thorax) to include origin and insertion and function of the major muscles of the body. MBLEX Review. This applies for both Massage Therapy and Reflexology.

MTR103: Assessment & Documentation

80 Clock Hours (60 Lecture + 20 Lab) Prerequisite: MTR101, MTR102

Instruction Includes: Anatomy & Physiology (Nervous System), Medical Terminology, Pathology, the muscular system (shoulder & arm) to include origin and insertion and function of the major muscles of the body, Appointment scheduling, Session Interview, S.O.A.P. Notes, Gait Assessment, Postural Analysis (Visual, Stimulation & Palpation), Documentation abbreviations, Intake forms, Progress Notes, Introduction to basic Insurance billing and coding (ICD/CPT), coverage and claims. Record Filing and Storage. Understand basic knowledge of Electronic Health records (EHR), Typing, HIPAA and OSHA Certifications. MBLEX Review. This applies for both Massage Therapy and Reflexology.

MTR104: Medical/Clinical Massage/Kinesiology

80 Clock Hours (30 Lecture + 50 Lab) Prerequisite: MTR101, MTR102

Instruction Includes: Anatomy & Physiology (Cardiovascular System), Medical Terminology, Pathology, the muscular system (Forearm & Hand) to include origin and insertion and function of the major muscles of the body, Kinesiology, Biomechanics & Movement, Clinical, Pain & Micro Trauma, Oncology, Medications, Hydrotherapy, Craniosacral, Lymphatic Drainage, and Myofascial Release. MBLEX Review. This mostly applies to Massage Therapy and some Reflexology.

MTR105: Therapeutic Somatic Techniques & Special Populations

80 Clock Hours (30 Lecture + 50 Lab) Prerequisite: MTR101, MTR102

Instruction Includes: Anatomy & Physiology (Respiratory System), Medical Terminology, Pathology, the muscular system (Pelvis & Thigh) to include origin and insertion and function of the major muscles of the body, Kinesiology, Biomechanics & Movement, Deep Tissue, Sports (pre, post, maintenance, rehabilitation), Special Populations, Pregnancy (Prenatal/Postpartum), Infant, Geriatric, Trigger points, Neuromuscular Therapy, and Muscle Energy Techniques. MBLEX Review. This mostly applies to Massage Therapy and some Reflexology.

MTR106: Traditional Chinese Medicine & Meridian Systems

80 Clock Hours (30 Lecture + 50 Lab) Prerequisite: MTR101, MTR102

Instruction Includes: Anatomy & Physiology (Endocrine & Lymphatic Systems), Medical Terminology, Pathology, the muscular system (Leg & Foot) to include origin and insertion and function of the major muscles of the body, TCM (Traditional Chinese Medicine) History, Meridian System, Body Clock assessment tool. Eastern vs. Western theory, Yin/Yang & 5 elements relationship. MBLEX Review. This mostly applies to Reflexology and some Massage Therapy.

MTR107: Eastern Practices & Complementary Alternative Medicine

80 Clock Hours (30 Lecture + 50 Lab) Prerequisite: MTR101, MTR102

Instruction Includes: Anatomy & Physiology (Integumentary) Medical Terminology, Pathology, Chakras, Reiki, Polarity, Qi gong, Meditation and Breathing Exercises, Introduction to Clinical Aromatherapy, M Technique, Traditional Thai Massage, Ayurveda, Shiatsu. MBLEX Review. This mostly applies to Reflexology and some Massage Therapy.

MTR108: Reflexology & Zone Therapy

80 Clock Hours (30 Lecture + 50 Lab) Prerequisite: MTR101, MTR102

Instruction Includes: Anatomy & Physiology (The Senses Systems), Medical Terminology, Pathology, Reflexology History, Reflexology Techniques applied to the Ear, Hand & Foot, understanding Zone Therapy and effects when reflexology is applied. MBLEX Review. This mostly applies to Reflexology and some Massage Therapy.

MTR 109 Health, Wellness & Spa

80 Clock Hours (30 Lecture + 50 Lab) Prerequisite: MTR101, MTR102

Instruction Includes: Anatomy & Physiology (Digestive & Urinary Systems), Medical Terminology, Pathology, the muscular system (Head, Neck & Face) to include origin and insertion and function of the major muscles of the

body, Spa History, Spa Sanitation, Hydrotherapy, Aromatherapy, Stone Therapy, Dry Brush/Loofah, Wraps, Scrubs, Paraffin, Nutrition and Dietary Principles, Self- Care Exercises, and Stretching Techniques. MBLEx Review. This mostly applies to Massage Therapy and some Reflexology.

MTR110: Business & Career Planning

80 Clock Hours (50 Lecture + 30 Lab) **Prerequisite:** MTR101, MTR102

Instruction Includes: Anatomy & Physiology (Reproductive System), Medical Terminology, Pathology, On-site Chair massage, The Pacific Institute, Business Development and Career Planning, Professional Practices, Scope of Practice, State laws and regulations, Understanding the different characteristics of the therapeutic relationship, Code of ethics, principles and standards, Ethics and Sexual Harassment Certifications. MBLEx Review. This applies for both Massage Therapy and Reflexology.

MTR201: Massage Therapy & Reflexology Clinic

80 Clock Hours (80 Clinical Hours) **Core requisite:** MTR101 through MTR110

After successfully completing the required classroom centered coursework, students will be allowed to proceed to our onsite campus clinic. The clinic provides the student with a simulated work environment in which to apply the skills learned in the classroom. Students will perform their work under the supervision of assigned faculty personnel. Students must complete all clinic hours of supervised experience in our campus massage clinic to graduate. Timesheets and student evaluations will be signed and submitted to the supervising instructor to track and document attendance and successful skills competency review. This applies for both Massage Therapy and Reflexology.

NOTICE: RULES AND CONDITIONS ABOUT MASSAGE THERAPY & REFLEXOLOGY CLINIC AT THE SCHOOL

The final module of the Massage Therapy/Reflexology program requires students to complete four weeks of hands-on applied training during onsite clinicals. Students beginning their Massage Therapy & Reflexology Clinic module must plan and prepare to be available at the times required by their instructor and/or the School's clinic coordinator. The student understands that all clinicals are performed without payment of compensation or any other benefit. The student understands that the student is never an employee or independent contractor of the School at any time. The student is and always remains a student at the School. The student further understands that the clinical module is provided solely for the benefit of the student as a part of their Program of Study in order for the student to obtain the clinical and observational experience needed to apply for a governmental or other entity license/permit/examination, and/or gain the requisite hands-on experience to qualify for an entry level position in their chosen career field. Students are expected to treat the clinical module as a hands-on classroom setting, to attend all required clinical hours, and to abide by the rules and regulations of the school's clinical site. Hours at the School's clinical site can vary from day to day and from week to week depending on the needs, rules, regulations, and scheduling of the School. Excessive absences from the clinical module may result in failure of the Course and the Program and the inability to graduate at the planned time. The student understands that the School does not guarantee, represent, or warrant that the student can apply, be considered for, will obtain or be entitled to any job position at the School or with any other employer.

Required Criminal Background Checks, Medical/Lab Exams, Drug Tests, and Immunizations for Certain Programs

Students enrolling in certain programs should understand that ATI will require the Student to successfully pass and/or provide all criminal history background checks, medical/physical/lab exams and drug tests results, and proof of immunizations (collectively Student's "Personal and Medical Information"). If the Student does not pass or provide their Personal and Medical Information then the Student may be disqualified from continuing their Program with the School and may be dismissed, failed, or withdrawn from their Program of Study as solely determined by the School. Upon signing their Enrollment Agreement, ATI students authorize the school under all applicable federal, state, and local laws and regulations, including the Family Educational Rights and Privacy Act (FERPA) and the Health Insurance Portability and Accountability Act (HIPAA), to provide the student's Personal and Medical Information to any governmental and non-governmental entity that may require such Personal and Medical Information in order to apply for a license/permit/examination. Student understands that, in accordance with their own internal procedures and policies, the state of Nevada and potential employers may also require a student to pass a criminal background check, and/or drug test, and provide proof of immunization, and/or pass a required physical by a doctor.

Faculty and Staff

This addendum adds the following information to the Faculty and Staff section in the 2024-2026 Student Catalog:

Instructor	Qualifications
Jasminemarie Soller, NVMT License# 11598 & CAMTC# 51230 Massage Therapy/Reflexology Program Director and Instructor	Massage Therapy and Allied Health Instructor 20+ years with 10+ yeas as Massage Therapy Program Director; CAMTC License – California State Certified Massage Therapist; NVSMTB- Nevada State Licensed Massage Therapist; Graduated from Institute of Business & Technology with certificates in Massage Therapy, Medical Assistant, and Chiropractic Assistant; AMTA Nevada Chapter Board Member & Financial Administrator, Government Relations Committee Member, and Member Engagement Co-Chair, as well as past Board positions as Delegate and Secretary.
Corinne Marggraf, NVMT License # 8146 & NHMT# 2922 Massage Therapy/Reflexology Instructor	NVSMTB- Nevada State Licensed Massage Therapist; CPR/BLS/AED; Spurgeon Method Advanced Breast Massage Certified, Medical Massage Certified, Oncology Massage Certified, Lymphedema Certified; Diploma Massage Therapy-Hesser College; Education Industry for 5+ years in Massage Therapy; Customer Service and Administrative experience; AMTA- American Massage Therapist Association Member